

Master Michael Chekhov Teacher **RAGNAR FREIDANK**
Nina Hesse Bernhard Actress & Designated Linklater Voice Teacher

Soweit die Wünsche tragen ***Soweit die Stimme reicht***

„Ein Workshop über Ein- und Ausfälle für Schauspieler und
Darsteller und andere Auf- und Vorführende“

Kursleitung

Nina Hesse Bernhard und Ragnar Freidank

Kursangebot

Wir werden

- verschiedene Übungen anbieten, die helfen können, die Stimme & den Körper des Schauspielers zu befreien und die Fantasie zu beflügeln.
- uns an eigenen Grenzen von Spiel und Stimme bewegen und uns spielerisch über sie hinwegsetzen
- in einer Atmosphäre arbeiten, in der jeder vom anderen lernen kann
- dabei mit kurzen Szenenfragmenten von "Drei Schwestern" von Anton Tschechow arbeiten.

Kontakt

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Die Kursleitung

Ragnar Freidank:

As we work on a scene we might have feelings about how it is going. We might want to improve our work and become a better actor and we might think that what we are looking for is outside of us.

In the pursuit of looking to improve our work, we have experiences. These experiences are unique to who we are - the way we are meeting the world, the text or the teacher. They are our own processes. We may not like how our processes manifest; yet my suggestion is that it is these processes that will teach us.

The material and even the teacher are only the occasions through which these processes can unfold. If we can express these feelings, dreams and experiences (our own processes) then the playwright's words become alive because the actor allows his/her life to be present on stage.

www.vimeo.com/channels/ragnar

Nina Hesse Bernhard:

Actress & Designated Linklater Voice Coach was born in Zurich, is an actress and a Voice Teacher, certified by the world-renowned voice teacher Kristin Linklater. She studied acting at the Scuola Teatro Dimitri in Verscio and at the film and drama academy (EFAS) in Zurich. She appeared in various films as well as in television projects and was a guest actor at the Schauspielhaus in Zurich. She is a founding member of the artists group PROTEIN which has produced several live radio plays and stage plays. With the actual play "Zweisedlerliebe", a dialog by Hermann Hesse und Ninon Hesse, she is touring Switzerland. She coaches actors for film and theatre roles. 2009 she attended the Santorini Voice Symposium with Kristin Linklater and published an essay on the Santorini experience in the acclaimed "Mosaic: a journal for the interdisciplinary study of literature". 2010 she received a teaching assignment for Linklater vocal training at the "Schauspielschule Zürich". She coaches part of the staff at Radio 1 in Zurich and teaches actors, speakers and singers.

www.ninahesse.com

„A workshop is a space where we can meet anything and let it teach us“.